

HELPFUL HINTS FOR CAR IN WINTER



Keep your headlights clear with car wax! Just wipe ordinary car wax on your headlights. It contains special water repellents that will prevent that messy

mixture from accumulating on your lights - lasts 6 weeks. Squeak-proof your wipers with rubbing alcohol! Wipe the wipers with a cloth saturated with rubbing alcohol or ammonia. This one trick can make badly streaking & squeaking wipers change to near perfect silence & clarity.

Ice-proof your windows with vinegar! Just fill a spray bottle with three parts vinegar to one part water & spritz it on all your windows at night. In the morning, they'll be clear of icy mess. Vinegar contains acetic acid, which raises the melting point of water---preventing water from freezing!

Prevent car doors from freezing shut with cooking spray! Spritz cooking oil on the rubber seals around car doors & rub it in with a paper towel. The cooking spray prevents water from melting into the rubber

Fog-proof your windshield with shaving cream! Spray some shaving cream on the inside of your windshield & wipe it off with paper towels. Shaving cream has many of the same ingredients found in commercial defoggers.

De-ice your lock in seconds with hand sanitizer! Just put some hand sanitizer gel on the key and the lock, and the problem is solved!

Special Thank You for Your Support
NOONIE THOMAS

Thank You
St. Lawrence Valley Concrete



St. Regis Mohawk Office for the Aging

29 Business Park Rd.
Akwesasne, NY 13655

“Your one stop shop for all seniors needs.”

- Life Line
- In-Home Care
- Case Management
- Legal Aid
- Handyman
- House Keeping
- Health Program
- Escort Services
- Transportation
- Supper Bags
- Breakfast Bags
- Congregate Meals
- Nutrition Counseling
- Nutritional Education
- Home Delivered Meals
- Socialization
- Weekly Shopping
- Craft Activities

Phone:
(518)358-2963
Fax:
(518)358-3071
HIICAP/
NYConnects:
(518)358-2834

HEALTH INSURANCE
HIICAP
INFORMATION, COUNSELING & ASSISTANCE

- Medicare & Health Insurance Counseling
- Social Security, Food stamps Counseling
- Prescription Benefits Counseling
- Referrals



<http://srmt-nsn.gov/OfficeForTheAging.htm>